



# The Holy Rosary

(Mary's Psalter)



Traditional Rosary without the optional Luminous Mysteries

## The Mysteries

Joyful	Sorrowful	Glorious
Mondays, Thursdays and Sundays from Advent until the start of Lent.	Tuesdays, Fridays and Sundays during Lent	Wednesdays, Saturdays and Sunday's from Easter to Advent
I. Annunciation II. Visitation III. Nativity IV. Presentation V. Finding Jesus in the Temple	I. Agony in the Garden II. The Scourging III. Crowning with Thorns IV. Carrying of the Cross V. Crucifixion	I. Resurrection II. Ascension III. Pentecost IV. Assumption V. Crowning of Mary

## HOW TO PRAY THE ROSARY

1. State or mentally form any intentions, Kiss the Crucifix, Make the Sign of the Cross and say the Apostles' Creed.
2. Say the Our Father (Pater).
3. Say an Ave (Hail Mary) on each of the three beads.

**Large, red beads:** Say a Gloria (Glory Be), Say the Fatima Prayer, Announce the relevant Mystery and then say an Our Father.

**Small black beads:** Say an Ave, one on each bead, while meditating on the relevant Mystery of the set of Mysteries you've chosen (Joyful, sorrowful, or Glorious)  
-- one Mystery for each set of ten Ave beads.

**End with:** Hail, Holy Queen

## Scripture Meditations

### Joyful Mysteries:

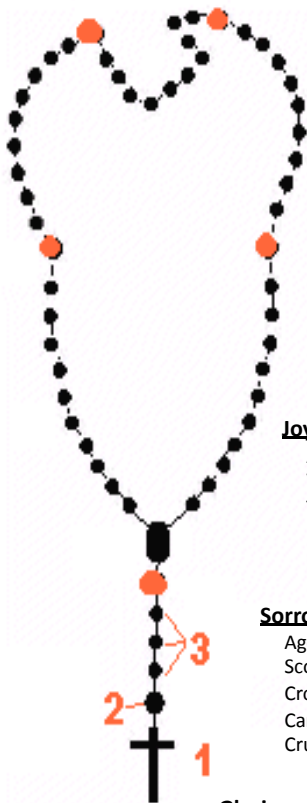
Annunciation: Luke 1:31-32-----*The Annunciation of of Gabriel to Mary that she would be the mother of God.*  
 Visitation: Luke 1:42 -45-----*While visiting her cousin Elizabeth, she declares Mary "blessed among women".*  
 The Nativity: Luke 2:6-7-----*Mary gave birth to Jesus, wrapped him in swaddling clothes, and laid him in a manger;*  
 Presentation: Luke 2:22-24-----*After Mary's purification, Joseph and Mary presented Jesus to the Lord in Jerusalem.*  
 Finding in the Temple: Luke 2:46-47--*Thinking He was lost, Mary and Joseph find Jesus in the temple with the teachers.*

### Sorrowful Mysteries:

Agony in the Garden: Mat 26:36-39-----*Jesus asks the Father to let this cup pass and He sweats drops of blood.*  
 Scourging at the Pillar: Mat 27:25-26-----*Jesus is flogged at the pillar, given 40 lashes minus one.*  
 Crowning with Thorns: Mat 27:28-29-----*Jesus crowned with a crown made of thorns by the roman soldiers.*  
 Carrying the Cross: John 19:12-18-----*Jesus is made to carry His own cross to Calvary.*  
 Crucifixion & Death: Luke 23:45-46-----*Jesus is nailed to a cross for our sins.*

### Glorious Mysteries:

Resurrection of Our Lord: Mat 28:5-6-----*Jesus is resurrected, He is not in the tomb when it is opened.*  
 Ascension into Heaven: Luke 24:50-51-----*Jesus ascends into Heaven and the Apostles are amazed.*  
 The Pentecost: Acts 2:34-----*Jesus sends the Holy Ghost upon the Apostles.*  
 Assumption of Mary: Hebrews 11:5-----*Mary is assumed into Heaven, like Enoch who did not see death because of his Faith.*  
 Coronation of Mary: Apocalypse 11:19-12:1--*Mary is crowned Queen of Heaven and Earth.*





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### The Prayers

English	Latin
<b>The Apostles' Creed</b>	<b>Symbolum Apostolorum</b>
I believe in God, the Father almighty, Creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Ghost, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell. On the third day He rose again. He ascended into Heaven, and is seated at the right hand of God the Father Almighty. He will come again to judge the living and the dead. + I believe in the Holy Ghost, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.	Credo in Deum Patrem omnipotentem, Creatorem caeli et terrae. Et in Iesum Christum, Filium eius unicum, Dominum nostrum, qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus, mortuus, et sepultus, descendit ad inferos, tertia die resurrexit a mortuis, ascendit ad caelos, sedet ad dexteram Dei Patris omnipotentis, inde venturus est iudicare vivos et mortuos. + Credo in Spiritum Sanctum, sanctam Ecclesiam Catholicam, sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam aeternam. Amen.
<b>The Our Father</b>	<b>Pater Noster</b>
Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.	Pater noster, qui es in caelis, sanctificetur Nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in caelo et in terra. + Panem nostrum quotidianum da nobis hodie, et dimitte nobis debita nostra sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem, sed libera nos a malo. Amen.
<b>Hail Mary</b>	<b>Ave Maria</b>
Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.	Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus ventris tui, Iesus. + Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc, et in hora mortis nostrae. Amen.
<b>Glory Be</b>	<b>Doxologia Minor</b>
Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.	Gloria Patri, et Filio, et Spiritui Sancto. + Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.
<b>Fatima Prayer</b>	<b>Oratio Fatimae</b>
O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those in most need of Thy mercy. Amen.	Oh mi Jesu, dimitte nobis debita nostra, libera nos ab igne inferni, conduc in caelum omnes animas, praesertim illas quae maxime indigent misericordia tua. Amen.
<b>Hail, Holy Queen</b>	<b>Salve Regina</b>
Hail, Holy Queen, Mother of Mercy, Hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this **vale of tears. Turn then, most gracious advocate, Thine eyes of mercy toward us, and after this our exile show unto us the blessed Fruit of Thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. R. Pray for us, O Holy Mother of God. V. That we may be made worthy of the promises of Christ.	Salve, Regina, mater misericordiae: vita, dulcedo, et spes nostra, salve. Ad te clamamus exules filii Hevae. Ad te suspiramus, gementes et flentes in hac lacrimarum valle. Eia, ergo, advocata nostra, illos tuos misericordes oculos ad nos converte. Et Iesum, benedictum fructum ventris tui, nobis post hoc exilium ostende. O clemens, O pia, O dulcis Virgo Maria. Amen.
<b>Let Us Pray</b>	<b>Orémus</b>
O God, Whose only begotten Son, by His life, death, and resurrection has purchased for us the rewards of eternal life; grant, we beseech Thee, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen.	Déus, cújus Unigénitus per vítam, mórtem et resurrectionem súam nóbis salutis aeternae praemia comparávit: concéde, quæsumus: ut hæc mystéria sacratíssimo beátæ Mariæ Vírginis Rosário recoléntes, et imitémur quod cónfítent, et quod promittunt, assequámur. Per eúndem Christum Dóminum nóstrum. Amen.



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Traditional Rosary without the optional Luminous Mysteries

### The 15 promises of Mary to Christians who recite the Rosary *Given to St Dominic and Blessed Alan*

*This is devotion, not dogma, but worthy of belief.*

Whoever shall faithfully serve me by the recitation of the rosary, shall receive signal graces. I promise my special protection and the greatest graces to all those who shall recite the rosary.

The rosary shall be a powerful armor against hell, it will destroy vice, decrease sin, and defeat heresies. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.

The soul which recommends itself to me by the recitation of the rosary, shall not perish.

Whoever shall recite the rosary devoutly, applying himself to the consideration of its sacred mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of eternal life.

Whoever shall have a true devotion for the rosary shall not die without the sacraments of the Church.

Those who are faithful to recite the rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.

I shall deliver from purgatory those who have been devoted to the rosary.

The faithful children of the rosary shall merit a high degree of glory in heaven.

You shall obtain all you ask of me by the recitation of the rosary.

All those who propagate the holy rosary shall be aided by me in their necessities.

I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of death.

All who recite the rosary are my sons, and brothers of my only son Jesus Christ.

Devotion of my rosary is a great sign of predestination.

### Our Lady Of Fatima

At the end of each apparition at Fatima, she says:

May 13<sup>th</sup> 1917

**"Recite the rosary every day to obtain the peace for the world and the end of the war"**

June 13<sup>th</sup> 1917

**"Then She opened her hands and emanated her light on the children, Giacinta and Francis seemed to be in the light that went up toward the sky, Lucy in the light that spread on the earth. In front of the palm of the right hand of the Lady there was a heart surrounded by thorns that impaled it. They understood that it was the Immaculate Heart of Mary affronted from the sins of men, and She then asked for reparation. "**

July 13<sup>th</sup> 1917

**"When you recite the Rosary, say at the end of each decade: Oh My Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy."**

August 13<sup>th</sup> 1917

Our Lady did not appear because the children were prevented from going. But on August 19<sup>th</sup>, she appeared to Lucia and told her: **"I Want you to continue to go to the Cova da Iria on the 13th, that you continue to say the Rosary every day. I, in the last month will make the miracle that all will believe."** Then with a sadder appearance told them: **"Pray, pray a lot and offer sacrifices for the sinners. You know that many souls go the hell because there is none who pray for them."**

September 13<sup>th</sup> 1917

**"I Want you to come here on October 13 and that you continue to recite the Rosary to obtain the end of the war. In October the Lord, the sorrowful Lady, the Lady of Mt. Carmel, and St Joseph with the child Jesus, will also come to bless the world. God is glad of your sacrifices, He does not want you to sleep with the chord to the sides, use it only during the day."**

October 13<sup>th</sup> 1917

**"I am the Lady of the Rosary, I desire here a chapel in my honor to be built, that people continue to recite the Rosary every day. Will the war finish. The war is going to end, and the soldiers will soon return to their homes."** Then Lucy asked: **"may I ask you for cures and conversions, will you grant them?"**. **"Some yes, others no. It is necessary that they ask pardon for their sins, that they don't offend God our Lord, and that he is already too much offended."** **"Do you Want anything else from me?"** Lucy asked. **"I do not want anything more."**

On December 10, 1925, sister Lucy received an apparition by the Child Jesus and the Virgin Mary in her convent cell. The Holy Virgin shown her a Heart surrounded by thorns, Our Lady said to her: **"See, My daughter, My heart surrounded by thorns which ungrateful men pierce at every moment by their blasphemies and ingratitude... Say to all those who: for five months, on the first Saturday, confess, receive Holy Communion, recite the Rosary and keep Me company for 15 minutes while meditating on the fifteen mysteries of the Rosary, in a Ghost of reparation, I promise to assist them at the hour of death with all the graces necessary for the salvation of their souls."**